



Upper Cape Ear, Nose & Throat, PC

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Diplomate, American Board of Otolaryngology

Diplomate, American Board of Facial Plastic and Reconstructive Surgery

Q&A ON RESTYLANE AND JUVEDERM

What is it?

These products are forms of Hyaluronic acid, a naturally occurring polysaccharide that is present in all of us. It is manufactured from bacterial or poultry sources, but all of the impurities are removed, so that only the polysaccharide remains. The material is cross-linked to a varying degree, which affects how thick the material is, and thus where it can be used.

What can it do?

Fat can restore the volume to areas of your face that have lost it, and can soften many of the changes associated with the aging process. Well-placed Restylane can make a big difference, and the resulting appearance is totally natural.

How is it administered?

The material is injected through very narrow needles that are introduced through the skin. It is deposited in very small amounts with each advance, leaving small amounts to create a smooth, even effect.

How much does it cost?

Price depends upon the amount of material being used. The price is about \$425 per syringe, and most people require 2 syringes.

Where and how is the procedure done?

The procedure is usually done in the office, using local anesthesia.

How long does healing take?

There is no "down time" with this procedure. There may be some bruising that can last for a few days. We therefore recommend avoiding the use of aspirin, Advil®, Motrin®, or the like for a week prior to your injection to avoid this. The full effect of these products is not noticed until several days after the procedure.

200A Jones Rd, Falmouth, MA 02540

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How long does the effect last?

This material is gradually absorbed by the body over 6-9 months. Many people will want to have a touch-up at 6 months – this can usually be accomplished with a smaller volume of material, and would therefore be less costly.

What can go wrong?

Minor bruising at the injection site is not uncommon, though it can be avoided by avoidance of aspirin and Advil® or Motrin® for a week prior to the injection. Rarely, a small mound of the product can be seen under the thin eyelid skin. If noticed immediately, the material can be evacuated. If this occurs later, it should resolve with time and massage.

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